THE FORMULA
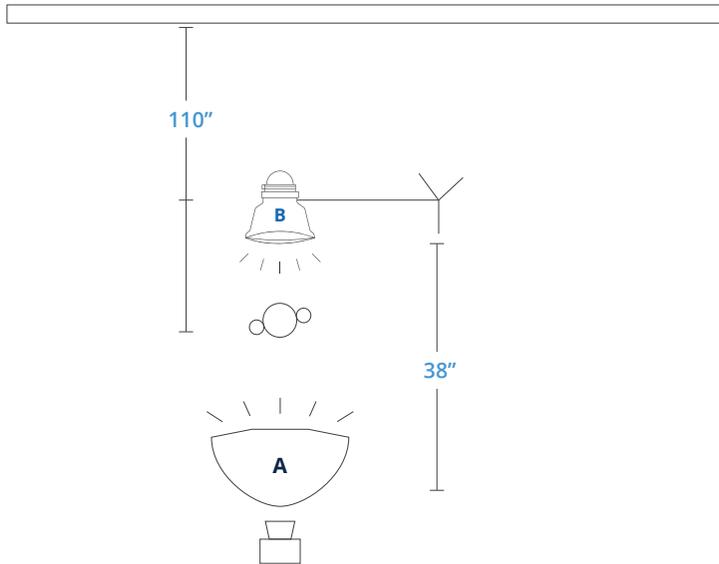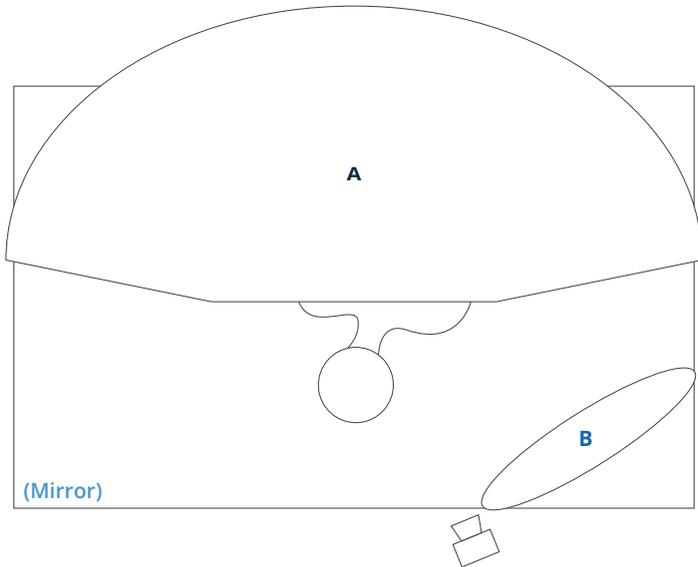## Lighting Tips & Tricks

5 Ways to Use a Softbox - Setup 1
Ab Sesay (@absesay_photo) | Watch at: www.sekonic.com/formula05

110"

B

38"

A

Light	Meter Reading	Gel	Height
A: Rotalux Indirect Octa 150cm (59")	f 8.0	N/A	90"
B: Hair Light w/ Main Standard Reflector	f 11.1	N/A	80"

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5 Ways to Use a Softbox - Setup 2

Ab Sesay (@absesay_photo) | Watch at: www.sekonic.com/formula05

A

B

(Mirror)

Light	Meter Reading	Gel	Height
A: Rotalux Indirect Octa 150cm (59")	f 20	N/A	50"
B: Reflector	f 20	N/A	0"

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5 Ways to Use a Softbox - Setup 3
Ab Sesay (@absesay_photo) | Watch at: www.sekonic.com/formula05

White V-Flat

White V-Flat

A
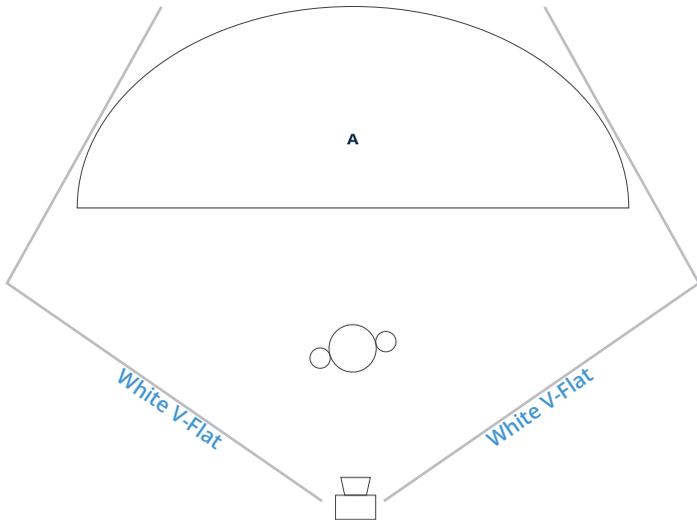
Light	Meter Reading	Gel	Height
A: Indirect	f 18	N/A	90"

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5 Ways to Use a Softbox - Setup 4

Ab Sesay (@absesay_photo) | Watch at: www.sekonic.com/formula05

f 14	F 14.1	F 16
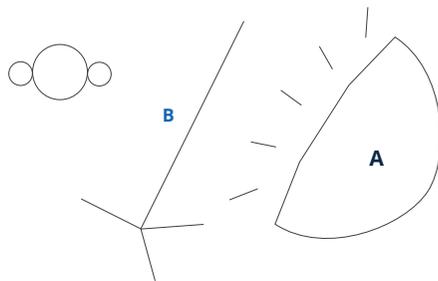
Light	Meter Reading	Gel	Height
A: Rotalux Indirect Octa 150cm (59")	f 14.1	N/A	70"
B: Diffuser	f 11	N/A	90"

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5 Ways to Use a Softbox - Setup 5.1

Ab Sesay (@absesay_photo) | Watch at: www.sekonic.com/formula05

F 2.8

A
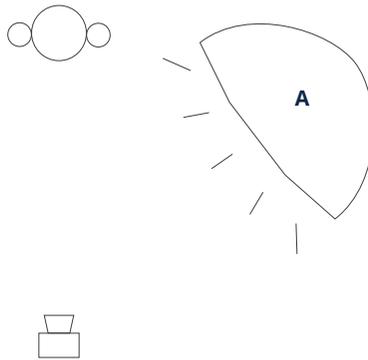

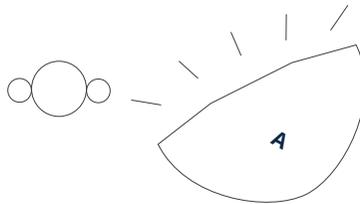| Light	Meter Reading	Gel	Height
A: Rotalux Indirect Octa 150cm (59")	f 8	N/A	Center at eye level

5 Ways to Use a Softbox - Setup 5.2

Ab Sesay (@absesay_photo) | Watch at: www.sekonic.com/formula05

F10

Light	Meter Reading	Gel	Height
A: Rotalux Indirect Octa 150cm (59")	f 18	N/A	Center at eye level

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Sekonic
L-858D-U SpeedMaster

Key Features:

- Ambient & Flash (PC Sync Terminal, Cordless or Optional Wireless Radio Flash) *
- Incident Light and built-in 1°R Spot Metering with Viewfinder
- Photo, Cine, and HD Cine Metering Modes
- HSS Flash & Flash Duration Measurements
- Flash Analyzing Function
- Exposure Profile Function
- All Weather Design
- Filter/Exposure/Calibration Compensation
- Custom Setting
- Runs on Two AA Batteries

*Optional Radio Transmitters available for wireless radio flash measurement compatible with PocketWizard, Elinchrom and Phottix.

SEKONIC®
CONTROL LIGHT